



Your flu shot is covered

Your no-cost flu shot helps protect you and those you love.

Getting your flu shot early is one of the best ways to stay healthy. The vaccine is safe and effective, and helps protect you and those around you. Plus, with your benefit plan, you can get non-seasonal vaccines, too. This includes RSV, pneumonia, shingles, measles and Tdap.

Who needs a flu shot?

The CDC recommends everyone six months and older should get a flu shot every season with rare exceptions.*

Getting vaccinated is especially important for high-risk individuals:*

- Pregnant people
- Children under the age of five
- School-aged children
- Anyone over the age of 65
- Health care professionals
- Anyone with a chronic health condition such as asthma, heart disease, diabetes and kidney disease
- Anyone with a weakened immune system



IT'S EASY TO MAKE AN APPOINTMENT

Log in to your member website at [Aetna.com](https://www.aetna.com) to find a local network pharmacy or doctor.

*FOR FLU SHOT RARE EXCEPTIONS: People At High Risk of Flu Complications. Updated September 11, 2024. Available at: <https://www.cdc.gov/flu/highrisk/index.htm>. Accessed August 14, 2025.

*FOR HIGH-RISK INDIVIDUALS: People At High Risk of Flu Complications. Updated September 11, 2024. Available at: <https://www.cdc.gov/flu/highrisk/index.htm>. Accessed August 13, 2025.

When are you up to date with your vaccines?

Guidelines for vaccines may vary based on your age and the timing of your last dose.* Be sure to check with your doctor or pharmacist if you are unsure if you are eligible for a vaccine.



VACCINE APPOINTMENTS ARE AVAILABLE NOW

Log in to your member website to find a local network pharmacy
or doctor: [Aetna.com](https://www.aetna.com)



Aetna® is committed to helping you feel your best.
It's easy to get the vaccines you need to stay well — it's another way
healthier happens together®.

*FOR VACCINE GUIDELINES: Immunization Schedules. May 29, 2025. Available at: <https://www.cdc.gov/vaccines/hcp/imz-schedules/index.html>. Accessed August 19, 2025.

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Flu shots and vaccines may not be available in all pharmacies at all times. Call for availability and to make an appointment, if needed. Most vaccines require a prescription (except for the flu shot). The flu shot and many vaccines to treat common illnesses are generally covered under the Affordable Care Act by non-grandfathered group health plans and non-grandfathered individual and group health insurance coverage typically with no cost sharing if provided by an in-network provider, consistent with specified dosage limits and satisfaction of age and other vaccine specific requirements. Other restrictions may apply. Check with your health plan if you have any questions about your benefits.

[Aetna.com](https://www.aetna.com)

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